

Leader

*(making the sign of the cross)*

The guarding of the God of life be on you,  
the guarding of the loving Christ be on you,  
the guarding of the Holy Spirit be on you,  
aiding and enfolding you  
each day and night of your lives.

Community

**May God, the three in one, encompass us all,  
shielding us on sea and on land, in day and in night,  
guarding each step and each path we travel. Amen.**

Hymn (optional)

*The members of the community sit or kneel after the service concludes, as they prefer. Silence is observed to allow private prayer or meditation. Individuals should leave quietly as the Spirit moves them.*



# A Journey to the Land of the Saints

## I • Barrind's Story

*The members of the community enter and pray in silence. After the community is fully assembled, the prelude should be presented.*

### Prelude

"Barrind's Story"

*(from The Voyage of Saint Brendan, translated by John J. O'Meara)*

The legendary journey of Saint Brendan, who came to be known as 'The Navigator', begins with an amazing story told one evening by a visitor to the saint's abbey.

*A period of silent meditation follows the reading before the leader begins the penitential prayers.*

### Penitential Prayers

*A bell rings and the members of the community kneel. If anyone cannot kneel, they should remain seated with their head bowed.*

Leader

We bend our knees

*(making the sign of the cross)*

**in the eye of the Father who created us,  
in the eye of the Son who purchased us,  
in the eye of the Spirit who cleansed us.  
Amen.**

All

*All stand.*

Leader

Lord Jesus Christ,

give us the grace of repentance;

give us the grace of earnestness;

give us the grace of submission.

Community

**Give us the strength and courage to confess our guilt  
as earnestly as were this the moment of our death.**

Leader

Lord Jesus,



hallowed be your name. Your kingdom come. Your will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we also have forgiven our debtors. And do not bring us to the time of trial, but rescue us from the evil one.” (Matthew 6: 9-13)			the fear of God, the love of God, and your affection so we may do your will on earth at all times ... ... as the angels and saints do in heaven.
Leader	Community Leader		Holy God, Father, Son and Spirit, pour down upon us from heaven the rich blessing of your peace. Peace between nations ... ... peace between neighbors. Peace between kindred ... ... peace between lovers. Peace between persons injured ... ... peace between foes.
Community Leader	Community Leader Community Leader		Holy God, Father, Son and Spirit, help us to love and bless your creation, all that we see, all that we hear, all that we touch. Let us share your peace with our fellow creatures at all times, living as signs of forgiveness and reconciliation on the earth ...
Community Leader	Community Leader	All	... as the angels and saints do in heaven: without malice, without jealousy, without envy, without fear, without terror of anyone under the sun. And may the Father, the Son and the Spirit kindle in our hearts the flame of love to our neighbors, to our foes, to our friends, to our kindred all, to the brave, to the knave, to the thrall.
Community Leader	Community Leader	Leader	The peace of the Father of Joy, the peace of Christ the Lamb, the peace of the Spirit of Grace, be with you.
Community Leader	Community Leader	Community	The peace of the Father of Joy, of Christ the Lamb, and of the Spirit of Grace, be with us all.
Community Leader	Community Leader	Leader	Let us share a sign of peace with those present here as a testimony to the peace God offers to the world.
The members of the community share a sign of peace before sitting down. A brief			

*period of silence follows before the reader begins the Word of God.*

## The Word of God

Reader

I set the teachings of Christ before you;  
I set the guarding of God about you.

Community

**May it possess us and protect us all.**

Reader

A reading from the Gospel according to Saint John.

Jesus left Judea and started back to Galilee. But he had to go through Samaria. So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I

each thing that is hard, may you soften with your grace, each wound that is causing us pain, may you make whole.

Now to the Father who created each creature,  
now to the Son who paid ransom for his people,  
now to the Holy Spirit, comforter of might:  
shield and protect us from every wound.

**Encompass the beginning and the end of our race,  
give us courage to sing in glory,  
in peace, in rest, in reconciliation.**

Come share in the table of the Lord,  
source of love for those who cherish his kindness,  
source of solace for those who need his forgiveness,  
source of hope for those who fear his judgement.  
Come share in the table of the Lord.

**Where no tear shall be shed,  
where death comes no more. Amen.**

*The community shares the Eucharist in silence. Afterward, the table is cleared during the hymn. If there is no hymn, the members of the community use this time for private prayer.*

Hymn (optional)

*Then, the leader continues the service.*

## Prayers and Blessings

Leader

Praise to the Father,  
praise to the Son,  
praise to the Spirit.

Community

**The three in one.**

*All stand.*

Leader

Let us pray for the coming of the Kingdom,  
in the words our Lord taught us:

All

**"Our Father in heaven,**

each day and each night we remember your covenant;  
in our lying down and rising up, we yield ourselves to  
your cross,  
in our lives and our deaths, we seek in you our peace.  
Each day, may we remember the source of the mercies  
you bestowed on us, gently and generously;  
each day, may we become fuller in love with you.

My brothers and sisters, with St. Paul, I  
say to you:  
"I received from the Lord what I also handed on to you,  
that the Lord Jesus on the night when he was betrayed  
took a loaf of bread, and when he had given thanks, he  
broke it and said, 'This is my body that is for you. Do this  
in remembrance of me.' In the same way he took the cup  
also, after supper, saying, 'This cup is the new covenant in  
my blood. Do this, as often as you drink it, in  
remembrance of me.' For as often as you eat this bread  
and drink the cup, you proclaim the Lord's death until he  
comes." (1 Corinthians 11: 23-26)

O Gracious God, (*making the sign of the cross*)  
may your Spirit come upon us, and upon this bread and  
wine,  
so that it might illumine our understanding, kindle our  
will, incite our love, strengthen our weakness, and enfold  
our desires.

Community

**O Generous Lord,  
cleanse our hearts, make holy our souls,  
confirm our faith,  
keep safe our minds, encompass our bodies about  
so that in our own hearts, we may feel your presence.**

Leader

O Holy Spirit, of greatest power,  
come down upon us and subdue us;  
from your glorious mansion in the heavens.  
The knee that is stiff, O healer, make pliant,  
the heart that is cold, make warm beneath your wing;  
guide the soul that is wandering from your path  
and it shall not die.  
Each thing that is foul, may you cleanse,

have no husband'; for you have had five husbands, and  
the one you have now is not your husband. What you  
have said is true!" The woman said to him, "Sir, I see that  
you are a prophet. Our ancestors worshiped on this  
mountain, but you say that the place where people must  
worship is in Jerusalem." Jesus said to her, "Woman,  
believe me, the hour is coming when you will worship the  
Father neither on this mountain nor in Jerusalem. You  
worship what you do not know; we worship what we  
know, for salvation is from the Jews. But the hour is  
coming, and is now here, when the true worshipers will  
worship the Father in spirit and truth, for the Father seeks  
such as these to worship him. God is spirit, and those who  
worship him must worship in spirit and truth." The woman  
said to him, "I know that Messiah is coming" (who is  
called Christ). "When he comes, he will proclaim all  
things to us." Jesus said to her, "I am he, the one who is  
speaking to you."

The gospel of Jesus Christ, source of strength,  
Source of salvation, source of healing grace.

Community

**May it be a mantle to our bodies.**

*A brief silence follows the reading, until the leader begins the psalm.*

Leader

Psalms 19, Verses 1 through 14.

The heavens are telling the glory of God;  
and the firmament proclaims his handiwork.

**Day to day pours forth speech,  
and night to night declares knowledge.**

Community

There is no speech, nor are there words;  
their voice is not heard;

Leader

**yet their voice goes out through all the earth,  
and their words to the end of the world.**

Community

In the heavens he has set a tent for the sun,  
which comes out like a bridegroom  
from his wedding canopy,

Community	<b>and like a strong man runs its course with joy.</b>
Leader	Its rising is from the end of the heavens, and its circuit to the end of them;
Community	<b>and nothing is hid from its heat.</b>
Leader	The law of the Lord is perfect, reviving the soul;
Community	<b>the decrees of the Lord are sure, making wise the simple.</b>
Leader	The precepts of the Lord are right, rejoicing the heart;
Community	<b>the commandment of the Lord is clear, enlightening the eyes.</b>
Leader	The fear of the Lord is pure, enduring forever;
Community	<b>the ordinances of the Lord are true righteous altogether.</b>
Leader	More to be desired are they than gold, even much fine gold;
Community	<b>sweeter also than honey, and drippings of the honeycomb.</b>
Leader	Moreover by them is your servant warned; in keeping them there is great reward.
Community	<b>But who can detect their errors? Clear me from hidden faults.</b>
Leader	Keep back your servant also from the insolent; do not let them have dominion over me.
Community	<b>Then I shall be blameless, and innocent of great transgression.</b>
Leader	Let the words of my mouth and the meditation of my heart be acceptable to you,
Community	<b>O Lord, my rock and my redeemer.</b>

*There is a brief silence after the psalm before reading or presenting the audio version of the following reflection.*

Reflection      “Walking with the Celtic Saints”  
by Timothy J. Ray

*A period of silence is observed after the reflection for private meditation, with or without music. Afterward, the leader proceeds to the Eucharistic Prayer after the optional hymn.*

Hymn (optional)

### Eucharistic Prayer

*If the community wishes to share the Eucharist, the table is prepared during the hymn. If there is no hymn, the table should be prepared in silence — slowly and deliberately. Then, the leader begins the Eucharistic Prayer.*

Leader	Thanks be to you, Holy Father of Glory, father-kind, ever-loving, ever-powerful, because of all the abundance, favor and deliverance that you bestow on us in our need.
Community	<b>May your name be praised forever, in the heavens above and here on earth.</b>
Leader	Whatever Providence befalls us as your children, in our portion, in our lot, in our path, give to us with it the riches of your hand and the joyous blessing of your mouth.
Community	<b>May your kingdom be seen to flourish through the joy of your people, always grateful.</b>
Leader	In the steep common path of our calling, be it easy or uneasy to our flesh, be it bright or dark for us to follow, your perfect guidance will be upon us.
Community	<b>Provide for us in all our needs, material and spiritual, this day and every day.</b>
Leader	Be a shield to us from the wiles of the deceiver, from the arch-destroyer with his arrows pursuing us, and in each secret thought our minds get to weave, guide and protect us.
Community	<b>Do not allow us to be tossed about by temptations and protect us from all evils that would do us harm.</b>
Leader	O Loving Christ, who was hanged upon a tree,